

## BOONE COUNTY WORK CAMP MAKES GREAT IMPACT



Every year, a group from St. Thomas Aquinas Catholic Church from Alpharetta, Georgia, comes to the Whitesville area of Boone county to repair homes for community members. This year, 94 individuals worked on several homes.

Through their repairs, the work camp made a positive impact on the people they served. The group worked on a house of a woman living alone. She had no rear exit from her house. They were able to build a back set of stairs for use in the event of an emergency, making her home safer and easing her mind. Another home was falling apart around the owner, needing new walls, floors and stairs. The

group repaired her home, and now she's able to use her stairs again. The group also worked with a couple that recently lost their young son to cancer. Their home needed roof repairs and stability rails for a ramp because the man uses a wheelchair. The group improved the accessibility of their home.

At the end of the week, Outreach Coordinator Sue Pauley and her husband, cooked and served a closing dinner to celebrate the work camp and all the group accomplished for the community.

"Building relationships is so important to the mission of Catholic Charities and to our mission as disciples of Christ," said Kate Kosydar, Catholic Charities West Virginia Parish Social Ministry Coordinator. "This is a community of people coming together to strengthen their relationships with their brothers and sisters in Christ. It's not an empty hand out, but rather we are setting the stage for loving one another as God loves us."

## PROGRAM CHANGES NAME TO MORE CLOSELY REFLECT MISSION

Catholic Charities West Virginia (CCWVa) has announced that its Homemaker and Case Management Services and/or Medicaid Waiver program has been renamed Catholic Charities HomeCare to more closely reflect its mission of helping the elderly to "live at home with dignity."

"It's important to honor our elders and provide the support necessary to assist them in remaining in familiar surroundings, their home, if this is their wish and their health allows it," said Mark Sliter-Hays, CCWVa Executive Director. "With our program for the elderly, HomeCare, we are able to help individuals live at home with dignity where they can age gracefully among family and friends."

The HomeCare program provides living assistance to adults whose independence has been impacted by disability, illness or advanced years. HomeCare is a low cost, private pay service that brings homemakers who are trained to help with hygiene, perform light housework, meal preparation, medication prompting and errands and a registered nurse and case manager together to develop a plan of care that meets clients' needs and is cost effective. HomeCare has 25 years of experience as a certified home care provider, and the program is one of the few in-home care providers that offer service 24 hours a day, seven days a week.

For more information, call (304) 345-2103.

*Catholic Charities HomeCare provides quality living assistance services 24 hours a day, 7 days a week*

## Catholic Charities HomeCare



### VOLUNTEERS PROVIDING SERVICE

**April – June 2015**

Volunteers	121
Hours	3,980

### FAMILIES RECEIVING SERVICE

**April – June 2015**

Assistance	Families
Food	459 Families
Utilities	54 Families
Housing	16 Families
Personal Care Items	276 Families
<b>Total</b>	<b>799 Families</b>

*Working to reduce poverty in* Boone, Cabell, Clay, Kanawha, Lincoln, Logan, Mason, Mingo, Putnam and Wayne Counties

**Charleston (304) 380-0162**

**Whitesville (304) 854-1043**



**Summer 2015**

**WESTERN REGION**  
Charleston + Whitesville

## WESTERN REGION EXPANDS IN SEVERAL AREAS

Catholic Charities West Virginia is open to all people regardless of their race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, socio-economic background, marital or family status.

### Needed Supplies

Household Supplies:  
Toilet paper  
Paper towels  
Bleach  
Detergent

Personal supplies:  
Deodorant  
Shampoo  
Soap  
Toothpaste  
Razors

Deliver donations to

1116 Kanawha  
Boulevard East  
Charleston, WV  
25301

or by credit card  
online at

CatholicCharitiesWV.org  
1-888-900-2989

This is an exciting time for the Western Region. We are expanding into Huntington, and we are planning to offer outreach services in the West Side of Charleston. Our food pantry in Whitesville-Pettus is also enriching its current services to include exercise education and resources in partnership with Active Southern WV.

Catholic Charities West Virginia (CCWVa) is bringing *Stay the Course*, a program founded by Catholic Charities Fort Worth, to West Virginia. The program will be implemented in partnership with Huntington Junior College. *Stay the Course* is designed to reduce the drop-out rate and time of course completion among participating, low-income community college students. “*Stay the Course* focuses on removing barriers outside the classroom, helping students stay in school and succeed,” said Emily Warder, CCWVa Western Region Director.

Another exciting development is that our staff is working together with Father Babu Joseph Elamturuthil and St. Anthony’s parishioners to provide an outreach program for seniors. The program will utilize the St. Anthony parish building, which was formerly an elementary school. “We are all working together to support a vibrant community in the West Side,” said Fredericka White, CCWVa Case Manager.

We are also thrilled to have partnered with Active Southern WV to offer exercise resources to food pantry clients. Sue Pauley, CCWVa Outreach Coordinator in Whitesville-Pettus is facilitating the program, which began in July. Clients received simple exercise plans and logs to chart their progress, encouraging a more active lifestyle.

These new partnerships are enabling all organizations involved to better help our neighbors in need.

### Catholic Charities West Virginia’s

Fifth Annual  
*Autumn Gathering*

October 23, 2015



Keynote: Kevin Concannon

*Under Secretary for Food, Nutrition and Consumer Services, USDA*

Mass begins at 5:30 p.m. at  
Basilica of the Co-Cathedral of the Sacred Heart

Reception, dinner and presentation  
immediately following Mass at the  
Embassy Suites  
301 Court Street, Charleston, WV



Catholic  
Charities  
West Virginia

www.CatholicCharitiesWV.org

### PANTRY SUPPORTS CLIENTS’ DIGNITY

“He poured water into a basin and began to wash the disciples’ feet and dry them with the towel around His waist.” (John 13: 4-7)

Jesus calls us to serve in the same fashion as He served. Our personal care pantry does just this, as we make available cleaning supplies and personal care items to our clients.

It is very difficult for some of our clients to purchase these products; they are expensive, while our clients’ priorities are food, rent and utilities.

Testimony to the value of the pantry was given by a mother of two school-age daughters. She said, “Now my girls can go to school with clean shining hair and have clean clothes to wear.” Items from our personal care pantry go far in allowing people to ‘fit in’ – especially in the case of children who may be the target of ridicule if they smell or look different. It takes very little to change attitudes and self-esteem; sometimes just a bar of soap can make a huge difference.

Clients are asked to call for guidelines and information about accessing the pantry. Our personal care pantry is supported completely by donations. Please consider donating personal care items, which will help us further the mission of serving others as Christ Himself served.



### WESTERN REGION STAFF

Regional Director, Emily Warder; Case Manager, Fredericka White; Title V Program Assistant, Brenda Brandon; Whitesville Outreach Coordinator, Sue Pauley



**Our Mission** is to alleviate poverty, distress, and injustice by providing comprehensive social services to the poor and vulnerable, advocating for social justice, and calling all people of good will, especially those of the Church, to service.