

COMMUNITIES OF SALT AND LIGHT AWARD

HONOREES ANNOUNCED



The Central Region of Catholic Charities of West Virginia is pleased to announce the 2017 Communities of Salt and Light Honorees. Our award recipients this year are: Joan Burns from St. Peter the Fisherman in Fairmont, Ellen Condron from All Saints in Bridgeport, Martha/Mary Ministry from Our Lady of Perpetual Help in Stonewood, and The Summer Home Repair Committee of the Catholic Churches of Preston County, St. Sebastian, St. Zita, and St. Edward.

Salt and Light honorees exemplify the teachings of the U.S. Conference of Catholic Bishops' document, "Communities of Salt and Light: Reflections on the Social Mission of the Parish." Honorees are selected by the CCWVa Central Regional Advisory Council from nominations submitted by Catholic parishioners in the Diocese of Wheeling-Charleston's Clarksburg Vicariate.

The dinner will be held April 21 at 5:30pm at the Knights of Columbus Banquet Hall in Fairmont. Tickets to the awards dinner are \$35 per person. A drawing will be held for week's stay at Hilton Head. Proceeds from the dinner and raffle support the programs and services of the Central Region of Catholic Charities West Virginia. For more information, or to order tickets, contact the Regional Advisory Council member from your parish, or Alissa Wilmoth at awilmoth@ccwva.org or (304)292-6597.

'Honorees were nominated by their fellow parishioners and chosen for their gifts of time, talent and treasure, which have enhanced the lives of people within the Central Region of Catholic Charities West Virginia and the Clarksburg Vicariate.'

'Their acts of service and generosity have advanced the vision of the social mission of the Communities of Salt and Light Document.'

HELPING PUT FOOD ON THE TABLE

Catholic Charities West Virginia's Supplemental Nutrition Assistance Program (SNAP), provided in part by the USDA and the Walmart Foundation, is helping low-income, vulnerable people take steps toward self-sufficiency by assisting them in obtaining healthy, nutritious food on a regular basis.

One of those families we've helped is Tina's. Tina is a grandmother who is raising her grandson who is terminally ill and not expected to live much longer. She is low-income and struggles with the day-to-day financial burden of taking care of a young child.

We explained the SNAP program to Tina and assisted her in completing an application. Tina has been approved and is now receiving the SNAP benefit. She said she is very grateful for the assistance and doesn't know what she would have done without our help.



Recovery from the June 2016 Flooding Continues

For updates on our efforts, follow us on Facebook or visit our website at CatholicCharitiesWV.org

Working to reduce poverty in Barbour, Doddridge, Harrison, Marion, Monongalia, Preston & Taylor Counties

Morgantown (304) 292-6597 | Grafton (304) 265-3091 | Kingwood (304) 329-3644



Spring 2017

CENTRAL REGION
Morgantown + Kingwood + Grafton

FACILITATING GREATER SELF-SUFFICIENCY

Catholic Charities West Virginia is open to all people regardless of their race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, socio-economic background, marital or family status.

Needed Items

Cereal, canned meats, flour, sugar, peanut butter, jelly, pancake mix, pancake syrup, dried beans, soups, crackers, coffee, tea, pasta, pasta sauce, dairy products, mayonnaise, personal care items, cleaning supplies

Needed for WellnessWorks

Low-sodium products, sugar free products, gluten-free items, whole grain pastas, canned fruits in light syrup, vegetarian options, fresh produce, frozen meats

Deliver donations to 827 Fairmont Road, Morgantown, WV 26505 or by credit card online at CatholicCharitiesWV.org 1-888-900-2989



Families face poverty for multiple reasons, and there is no single solution. Because of this, helping families get out of poverty is complicated. Telling people in poverty to make better decisions, and penalizing them when they don't, is ineffective. At the same time, simply providing money to meet their basic needs is not a long-term solution either.

However, when supportive relationships are enhanced by information, resources and skill development, families have a much greater chance of improving their lives. This is what Catholic Charities West Virginia (CCWVa) provides through case management services.

Case management services help families improve their circumstances, become more self-sufficient and obtain financial independence. Case managers meet with individuals to identify strengths and weaknesses; individuals then set goals for themselves and regularly meet with their case manager to work on steps to meet those goals. Individuals' progress is measured on a Goal Attainment Scale, which allows them to rate their level of functioning in a variety of areas, such as income, housing, employment, transportation and education.

Recently, a woman named Georgia arrived at CCWVa after finding herself alone with two children, no place to live, no job and little job experience. At first, she was distraught and felt that there was nothing she could do. One of CCWVa's case managers, Kathie, began working with Georgia to set goals and prioritize action steps. With Kathie's support and guidance, Georgia has been able to obtain two part-time jobs and find housing for her family. She is now better able to handle challenges and work toward solutions. CCWVa case management services enable people to find their strengths and make changes they never thought possible.

“Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible.”

St.. Francis of Assisi

EARLY INTERVENTION HELPS CHILDREN REACH THEIR POTENTIAL

The Carrell-Jacks family was devastated when they learned that their newborn daughter, Amelie, was deaf. With no personal experience with deafness, they felt lost and alone, until they were referred to Catholic Charities West Virginia's Birth to Three RAU1 program, which covers the Northern Panhandle and Monongalia and Marion Counties.



“Our team was incredibly supportive through Amelie's cochlear implant surgery and aural rehabilitation,” said Lynnsey Carrell-Jacks. “We could not have afforded the level of services Amelie needed without significant financial strain, and her development would have suffered as a result.”

Amelie now uses listening and spoken language, and her oral communication skills are above average for her age. “I do not think any of this would have been possible without the early intervention she received through Birth to Three.”

CENTRAL REGION STAFF

Regional Director, Alissa Wilmoth; Morgantown and Grafton Program Assistant, Mara Skidmore; Raymond Wolfe Center Outreach Worker, Alix Evans; LifeBridge AmeriCorps Members, Kita Taylor (Morgantown) and Don Maleta (Raymond Wolfe Center)

Our Mission is to alleviate poverty, distress, and injustice by providing comprehensive social services to the poor and vulnerable, advocating for social justice, and calling all people of good will, especially those of the Church, to service.